

WHAT HAPPENED TODAY?

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How can I pray about it?

- |                                              |                                                       |
|----------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Thank God           | <input type="checkbox"/> Praise Him for who He is     |
| <input type="checkbox"/> Confess my sin      | <input type="checkbox"/> Ask Him to help someone else |
| <input type="checkbox"/> Ask Him to help me  | <input type="checkbox"/> Trust Him, no matter what    |
| <input type="checkbox"/> Tell Him I love Him | <input type="checkbox"/> Ask Him to show me the way   |



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# My Quiet Time



# MY QUIET TIME

A Quiet Time is a special time set aside each day for the purpose of getting to know God better and better.

## SUGGESTIONS



1. Set aside a regular time DAILY.
2. Have a quiet heart and a quiet place (Psalm 46:10a).
3. Be prepared. Have a Bible, notebook, and pencil.
4. Before reading the passage, pray for understanding of God's Word and a heart attitude ready to receive His truths (Psalm 119:18).



5. Expect God to teach you something each day from His Word (Psalm 119:105).



6. Talk with God and worship Him.



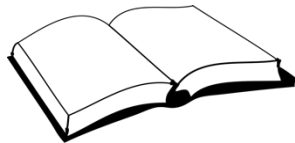
7. If you fail to have a Quiet Time, confess it to God and begin again (Proverbs 24:16).

## BIBLE STUDY \_\_\_\_\_

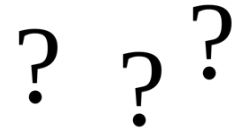
The Bible is God's true and living Word through which He guides you in all areas of your life (2 Timothy 3:15-17).

1. Start simple

The book of Mark is a great place to start. It is easy to read and tells of the life of the Lord Jesus.



2. Answer these questions



- ✓ What does it say?
- ✓ What does it mean to me?
- ✓ What does God want me to KNOW and DO?
- ✓ What sin does God show me to confess?
- ✓ What promises does God give me to believe?

3. Write things down

Write in a notebook what God has shown you and what it means to you in your life.

## PRAYER \_\_\_\_\_

- What is prayer?

It is talking to God, through Jesus and listening to Him speak through His Word.

- When should you pray?

Morning, noon, night, before meals...  
ANYTIME.

- Where can you pray?

ANYWHERE! At play, school or home.

- How should you pray?

A- I love you Lord (For Who you are)  
C- Confession (Name any sin to God)  
T- Thanksgiving (For everything)  
S- Supplication (Pray for others)

